

***BC Interior Cyclocross
Racer Information Package***



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Categories

BC Interior Cyclocross uses similar categories to other Cycling BC-sanctioned CX race series in the province, with the exception of the addition of an Elite Women's category and Men's and Women's Single-Speed categories, per racers' request. Categories are listed below in order of ability, from highest to lowest.

Men's Categories

1. Elite Men
2. Master's Men (40+)
3. Intermediate Men
4. Novice Men
5. Single-Speed Men

Women's Categories

1. Elite Women
2. Intermediate Women
3. Novice Women
4. Single-Speed Women

Junior Categories

1. Junior Elite (U19)
2. Junior (U13/U15/U17/U19)

Race Day Scheduling

Registration

Race organizers will ensure that registration is open for at least one half hour prior to the start of each race.

Pre-Riding

Racers will be allowed to pre-ride the course **ONLY** during allotted times. Due to time constraints at many of our race locations, organizers are only required to provide one half hour of open course pre-riding to racers. This will happen before the Early Race and there may not be any other times available to pre-ride the course.

Outside of allotted open course pre-ride times, race courses will be considered **CLOSED** to all racers other than those whose category is currently racing. BC Interior Cyclocross officials will monitor the race courses and reprimand any racers who are caught pre-riding the course during a time when pre-riding is not allowed, such as during another category's race. This may result in said racer being pulled from the race if deemed appropriate.

Category Schedule

There will be three races on race day: an early race, a free kid's race for under-12s, and a late race. These races are further subdivided by category into two waves. Wave 1 leaves 30 seconds to 1 minute prior to wave 2, depending on the length of the course.

The following outlines the race lengths (time) and which categories race together:

Race 1 (Early Race)

Time: 45 minutes

Wave 1 Categories: Intermediate Women, Novice Men, Single Speed Men

Wave 2 Categories: Novice Women, Single Speed Women, Junior (U13/U15/U17/U19)

Race 2 (Kid's Race)

Time: 10-20 minutes (depending on participation numbers, ages and course layout)

Categories: Under 12

Race 3 (Late Race)

Time: 60 minutes

Wave 1 Categories: Elite Men, Master's Men, Junior Elite (U19)

Wave 2 Categories: Intermediate Men, Elite Women

Bicycle/Equipment Rules

Bicycle and equipment guidelines for BC Interior Cyclocross races are divided into **STRICT** and **HONOUR SYSTEM** rules.

STRICT rules are enforceable by BC Interior CX officials on race day. This may mean that a rider will be asked to remedy the equipment problem, be required to race in a different category, or be politely and discreetly pulled from the race if there is no other option available.

HONOUR SYSTEM rules are not enforced by BC Interior CX officials on race day and racers are encouraged to self-govern in regards to these rules. If you see something unsafe or someone pushing the limits of tire size talk to them politely first before bringing it up with the BC Interior CX officials or race organizers.

All Categories

STRICT - All extraneous parts should be removed—fenders, racks, lights, etc.

STRICT - All bicycles must be in good working order.

STRICT - Both front and rear brakes must be equipped (exception will be made for Kids Race).

STRICT - Bicycles with a motor or pedal assist of any type are not allowed.

HONOUR SYSTEM - Tires must not be "slick"—they must have knobs or traction bars of some kind and in a significant-enough amount to be safely ridden on the course being raced (exceptions will be made for the Kid's Race).

Elite Men, Elite Women, Junior Elite (U19), Masters Men

STRICT - Handlebar must be a drop bar.

STRICT - Must have STI-type† or single-speed road levers.

STRICT - Bicycles equipped with suspension are not allowed.

HONOUR SYSTEM - Tires must be max 33mm wide.

Intermediate Men and Women

STRICT - Handlebar must be a drop or moustache bar‡.

STRICT - Must have STI-type† or single-speed road levers.

STRICT - Wheels must be 700c.

STRICT - Bicycles equipped with suspension are not allowed.

HONOUR SYSTEM - Tires must be max 45mm wide.

Novice Men and Women, Junior (U13/U15/U17/U19)

STRICT - Handlebar must be a drop or mountain bike bar.

HONOUR SYSTEM - All bike types are allowed.

HONOUR SYSTEM - Tires must be max 2.5" wide.

Single Speed Men and Women

STRICT - Handlebar must be a drop, moustache‡ or mountain bike bar.

STRICT - Bike must be permanently affixed with a single-speed gear system or cables must be completely removed from shifters.

HONOUR SYSTEM - All bike types are allowed.

HONOUR SYSTEM - Tires must be max 45mm or 1.5" wide.

† *STI (Shimano Total Integration, though SRAM, Campagnolo and other manufacturers' road brake/shift levers can also fall in this category) levers are those designed to be run on a drop bar. This excludes "cross" or "frog" levers and all mountain bike or v-brake style levers even if they would feasibly fit and function on a drop bar.*

‡ *A handlebar is considered a moustache bar if it has at least two bends and one of these bends is over 25 degrees.*

Points System

Points Tracking

Overall series standings will be calculated for each rider in each category using the total points accumulated during all attended races in the series.

Riders cannot be eligible for a title in more than one category. Racers who race in more than one category during the course of the series will only be eligible for the overall title in the category they raced the highest number of races in. The exception is the Single-Speed categories, which can be raced in addition to an intermediate/elite race in the afternoon, and for which two titles can be earned.

Points are not transferable between categories and racers are responsible for signing up for and racing in the appropriate category at each race. If a racer registers in the wrong category, their points will be recorded in that category for that race.

The following table shows the point award distribution for each place up to 60th:

Place	Points	Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1	200	11	95	21	60	31	45	41	35	51	25
2	175	12	90	22	58	32	44	42	34	52	24
3	155	13	85	23	56	33	43	43	33	53	23
4	140	14	80	24	54	34	42	44	32	54	22
5	130	15	75	25	52	35	41	45	31	55	21
6	120	16	71	26	50	36	40	46	30	56	20
7	115	17	69	27	49	37	39	47	29	57	19
8	110	18	66	28	48	38	38	48	28	58	18
9	105	19	64	29	47	39	37	49	27	59	17
10	100	20	62	30	46	40	36	50	26	60	16

Category Upgrades/Downgrades

If a rider is lapped more than once by a significant portion of their race category during a race they may be asked by officials to race in a lower category during their next race. This does not include being lapped due to mechanical failure.

A rider that laps more than half the field in their category during any race may be asked by officials to race in the next category up from their current one at the next race if such a category exists.

If a rider is being asked to upgrade or downgrade, BX Interior Cyclocross officials will ensure it is discussed well ahead of time and that the racer is clear on which category they will be racing in at future races.

Starting Grid

For the first two races of the series the starting grid will be based upon the last season's overall results but in reverse order—those with the lowest accumulated points total will be seeded first. Racers who did not accumulate points in the last season will be allowed to self-seed behind these racers.

After the first two races the overall series points will be used to form the starting grid for each category. The rider with the highest accumulated points total will be in the first slot of the first row, then the rider with the second highest accumulated points total will be beside him or her, and so forth down the line and through the rows.

Riders with no accumulated points for the current series will be at the back of the starting grid for their respective category and will be asked to self-seed within their appointed row.

Any rider from another series wishing to start according to their points total in that series must present a copy of the standings from that series to officials at registration.

The starting grid order for each race is as follows:

Early Race

Wave 1

Intermediate Women
Novice Men
Single Speed Men

Wave 2

Novice Women
Single Speed Women
Junior (U13/U15/U17/U19)

Late Race

Wave 1

Elite Men
Master's Men
Junior Elite

Wave 2

Intermediate Men
Elite Women